

# Menu

WEEK STARTING new term week 1



**Daily Staples**  
Freshly made Soups, A selection of salads, Home cooked meats from the salad bar, Artisan bread and freshly made cold desserts from the Dessert Table

## MAIN DISHES

### Monday

Smoked cheddar and ham mac and cheese, Garlic bread heritage tomato panzonella

### Tuesday

Kent College burger bar, chargrilled beef burgers, cheese, potato wedges, marinated tomatoes, Cajun mayo, Gherkins

### Wednesday

Roasted pork loin, roasted potatoes, sauté spring cabbage and bacon, honey and mustard gravy

### Thursday

Chicken tikka masala, yellow rice, poppadum's, Naan bread, riata, tomato red onion and chick pea salad

### Friday

Fish and chips with tartar sauce and peas

## VEGETARIAN

**Monday**- Sauté asparagus, courgette and lemon ricotta macaroni, Garlic bread (v)

**Light bite** – Yorkshire pudding and roast beef wrap, beet root horseradish

**Tuesday** – Stuffed mushroom sweet chili pepper burger  
Potato wedges, marinated tomatoes, Cajun mayo, Gherkins

**Jacket potato bar**

**Wednesday** – crispy Aubergine snitzel, beetroot taziki, courgette and red onion slaw (v)

**Light bite**- tomato, mozzarella and basil flatbread, sundried tomato pesto

**Thursday** – seitan tikka masala, yellow rice, poppadum's Naan bread, riata (v)

**Pasta bar**

**Friday** – satay tofu skewers, Asian slaw, coriander (v)

**Light bite**- salt beef bagel, gherkins, horseradish crème fraiche, lambs lettuce

## SOUP

**Monday** – Tomato and oregano

**Tuesday** – Asparagus and goats cheese

**Wednesday** – butternut squash and cumin

**Thursday**- Spinach and watercress and potato

**Friday** – Spring vegetable soup

## DESSERTS

**Monday** – Lime and chocolate cheesecake

**Tuesday** – Strawberry jam tart, custard

**Wednesday**- Lemon meringue pie

**Thursday** – Raspberry ricotta cake

**Friday** – Chocolate junk yard