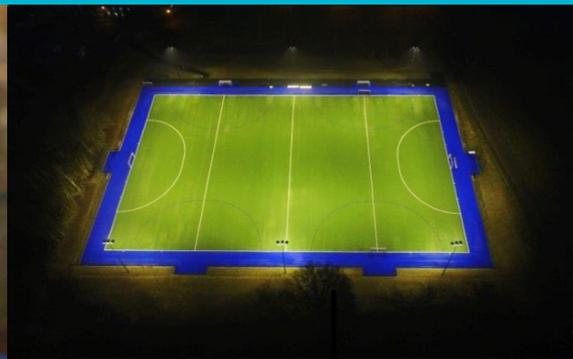




SPORTS SCHOLARSHIP

Kent College Pembury

LEARN WITHOUT LIMITS



FACILITIES

Full size Astro Pitch and Athletics Track

7 Tennis courts

9 Netball courts

Two modern sports halls with viewing galleries

Dedicated PE teaching classrooms

Indoor Swimming Pool

Fitness Suite with machines for cardio and strength training

Dance Studio

Cross country course

Outdoor adventure course

3 competition size trampolines

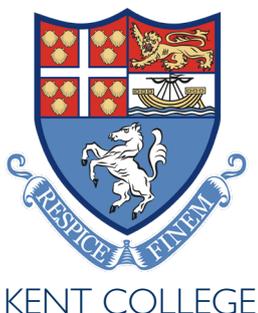
Top level gymnastics equipment

Indoor climbing wall

WHAT SUPPORT DO SPORTS SCHOLARS RECEIVE?

- Dedicated supervisor for every scholar, who meets with them weekly to discuss academic performance and their sporting schedule. During these meetings goals are set and extra study support is planned by creating a weekly timetable. Each supervisor acts as liaison with subject teachers and external coaches and parents.
- Extensive weekly scholarship programme that includes lectures with nutritionists, physiotherapists, elite athletes and a range of fitness sessions.
- Strength and conditioning coaching, both one to one and in group sessions.
- There is a dedicated Sports Scholars private study area, where teachers can take one to one sessions with girls who have missed lessons or where our athletes can spend lunch times catching up on any work missed.
- Pupils heading straight from school to their training sessions are provided with a healthy supper to take away.
- Sport specific individual sessions, which involve one on one time with Heads of Sport in preparation for competitions or tournaments.
- Performance analysis programmes.
- Visits to watch elite sport and talks by top level athletes, most recently Krista Cullen (GB Hockey Olympic Gold Medalist), Helen Glover (GB Rowing Olympic Gold Medalist) Frank Lampard (England and Chelsea Football), Karen Pickering (GB Swimming Olympic Gold Medalist) and Brinn Bevan (GB gymnast).





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SPECIALIST TEAM

The Physical Education (PE) department consists of teachers with knowledge and expertise in a variety of sports. The department is specifically timetabled to deliver lessons in their specialist sports, ensuring all pupils are taught top level PE.

The scholarship programme is led by Mrs Georgina Hughes, Director of Sport. She represented Sussex and the South of England in Hockey, played County and University 1st Team Netball, had a national ranking and played County Tennis and Cricket. She is passionate about sport and still plays competitive Netball and Hockey.

Miss Phil Webb, our Head of Netball, played County Netball, University 1st Team Netball and is currently playing Premier League Netball for Telstars Netball Club. She is the Head Coach for the Kent U14 County Netball Academy and Wealden Netball Club.

Mr Ben Allberry, our Head of Hockey, played England U16, has played National League Hockey, reached the Indoor National Finals at Wembley several years in a row for both Canterbury and East Grinstead and currently plays and coaches Tunbridge Wells 1st Team.

Mrs Jo Cox, our Head of Gymnastics, was in the Women's British National Gymnastics Squad and has coached Gymnastics since 1988. Since joining Kent College in 2009, every one of our teams has been in the top three in the country at least!

Mr Mal Cable is our Strength and Conditioning Coach and Personal Trainer, with qualifications across the personal training, fitness and nutrition spectrum. He has spent 20 years serving with elite teams and is a keen high altitude mountaineer and martial arts specialist.

RECENT SPORTING SUCCESSES

Becky O'Brien came in the top 10 at the English Schools Heptathlon, competing a year early. She was one of the three finalists for this year's 'Love Where We Live Young Sports Achiever Award'

6 girls have been selected for the Kent Netball Performance Squad

Ottillie McArdle-Hodge ran in the winning 100m and 200m Relay Team at the Kent Finals

Jess Haynes has been selected for the England U17 Netball Squad touring Australia at the end of September 2018

Annabelle Guye Johnson was selected for Team GB in the US Open Swimming Championships in Texas, USA

Rosie Bignell is the Over 14s National Gymnastic Tumbling Champion

Isobel Bryce won the Under 19s South-East Trampoline Competition

Grace MacAuley won the IAPS Triathlon Championships

Ella Fleet has been selected for the U17 London Pulse Netball Performance hub

Emily Morris, came third in the Equestrian Eventers Challenge

For further information please contact: admissions@kentcollege.kent.sch.uk
www.kent-college.co.uk